



Alzheimer's Disease: Prevention Strategies & Ways to Slow Progression

Lisa Byrd

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Nationally respected Gerontologist Lisa Bryd has brought together the latest preventative research, along with the newest techniques to slow age-related cognitive decline in a breakthrough book on the management of Alzheimer's. Filled with strategies, activities and approaches - cognitive interventions, exercise plans, diet solutions, ways to promote social engagement and medication treatments. Case studies and personal experiences highlight this must-have resource for anyone working with Alzheimer's, dementia and delirium patients.

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