

# Empathetic Education: An Examination of the Applicability of Humanistic Theory in New Zealand Classrooms

Lee Hooper

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Seminar paper from the year 2013 in the subject Pedagogy - Pedagogic Psychology, grade: 1,3, Massey University, New Zealand, course: Counselling, language: English, abstract: Effective learning theories are often a debated area in the educational sector. Humanistic theories offer an approach that both embraces and acknowledges the emotional aspects of the individual learning process. This essay argues that the relevance of humanism towards to the school system is significant, particularly when students begin to show signs of emotional behavioural disorders (EBD). Education from a humanistic perspective looks to implement methods to address the underlying causes that motivate students to act in ways that are both unhelpful to themselves and others in their immediate environment. This can be done through a variety of pedagogical strategies, borrowing on the theories of traditional humanists, such as Carl Rogers and Abraham Maslow, to more modern approaches such as Non-Violent Communication. An outline of some of the pertinent theories and techniques in the humanist approach will be given, alongside their applicability in a New Zealand school context with students who show signs of EBD. Incorporating a culturally-aware approach will also be demonstrated to hold significant value, with relevance to those of both Maori and European heritage. It is concluded that empathetic educational practices provide students and teachers with opportunities to grow and learn together in a symbiotic environment.



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