



Essentials of Chinese Acupuncture

Beijing College of Traditional Chinese Medicine

Download now

Click here if your download doesn"t start automatically

Essentials of Chinese Acupuncture

Beijing College of Traditional Chinese Medicine

Essentials of Chinese Acupuncture Beijing College of Traditional Chinese Medicine PREFACE FOREWORD TO THE FIRST EDITION FOREWORD TO THE SECOND EDITION INTRODUCTION PART I A General Description of the Basic Knowledge of Traditional Chinese Medicine CHAPTER I YIN-YANG AND THE FIVE ELEMENTS I. YIN-YANG 1. The opposition and interdependence of yin and yang 2. The inter-consuming-supporting and the inter-transforming relation of vin and yang II. THE FIVE ELEMENTS 1. Attribution of things to the five elements 2. The inter-promoting, inter-acting, over-acting and counter-acting relation of the five elements CHAPTER II ZANG-FU (INTERNAL ORGANS) I. THE ZANG ORGANS 1. Heart 2. Liver 3. Spleen 4. Lung 5. Kidney 6. Pericardium II. FU ORGANS 1. Small intestine 2. Gall bladder 3. Stomach 4. Large intestine 5. Urinary bladder 6. Sa'njlao III. EXTRAORDINARY ORGANS 1. Brain 2. Uterus CHAPTER III CHANNELS AND COLLATERALS I. NOMENCLATURE AND CLASSIFICATION II. FUNCTIONS OF CHANNELS AND COLLATERALS CHAPTER IV OI, BLOOD AND BODY FLUID I. OI II. BLOOD III. BODY FLUID CHAPTER V ETIOLOGY I. SIX EXOGENOUS FACTORS 1. Wind 2. Cold 3. Summer heat 4. Damp 5. Dryness 6. Heat (fire, mild heat) II. SEVEN EMOTIONAL FACTORS III. MISCELLANEOUS PATHOGENIC FACTORS 1. Irregular food intake 2. Over-strain and stress or lack of physical exertion 3. Traumatic injuries 4. Stagnant blood and phlegm CHAPTER VI METHODS OF DIAGNOSIS I. INSPECTION 1. Observation of the expression 2. Observation of the colour 3. Observation of the appearance 4. Observation of the tongue II. AUSCULTATION AND OLFACTION 1. Listening 2. Smelling III. INQUIRING 1. Chills and fever 2. Perspiration 3. Food and drink, appetite and taste 4. Defecation and urination 5. Pain 6. Sleep 7. Menses and leukorrhea IV. PALPATION 1. Feeling the pulse 2. Palpation of channels and points CHAPTER VII DIFFERENTIATION OF SYNDROMES I. DIFFERENTIATION OF SYNDROMES ACCORDING TO EIGHT PRINCIPLES 1. Exterior and interior 2. Cold and heat



Read Online Essentials of Chinese Acupuncture ...pdf

Download and Read Free Online Essentials of Chinese Acupuncture Beijing College of Traditional Chinese Medicine

From reader reviews:

Stephan Stephens:

What do you concerning book? It is not important along? Or just adding material when you require something to explain what the one you have problem? How about your extra time? Or are you busy individual? If you don't have spare time to try and do others business, it is make one feel bored faster. And you have free time? What did you do? Every person has many questions above. They must answer that question because just their can do in which. It said that about reserve. Book is familiar on every person. Yes, it is right. Because start from on pre-school until university need that Essentials of Chinese Acupuncture to read.

Dennis Fleenor:

The book untitled Essentials of Chinese Acupuncture contain a lot of information on that. The writer explains the girl idea with easy means. The language is very easy to understand all the people, so do not really worry, you can easy to read it. The book was written by famous author. The author brings you in the new time of literary works. It is possible to read this book because you can read more your smart phone, or product, so you can read the book inside anywhere and anytime. In a situation you wish to purchase the e-book, you can open their official web-site and also order it. Have a nice study.

Hollie Hoffman:

Beside this particular Essentials of Chinese Acupuncture in your phone, it may give you a way to get nearer to the new knowledge or information. The information and the knowledge you may got here is fresh from the oven so don't end up being worry if you feel like an older people live in narrow village. It is good thing to have Essentials of Chinese Acupuncture because this book offers to you personally readable information. Do you occasionally have book but you rarely get what it's facts concerning. Oh come on, that wil happen if you have this in your hand. The Enjoyable set up here cannot be questionable, similar to treasuring beautiful island. Techniques you still want to miss this? Find this book and also read it from right now!

Leigh Brown:

As a college student exactly feel bored to be able to reading. If their teacher inquired them to go to the library in order to make summary for some reserve, they are complained. Just very little students that has reading's internal or real their passion. They just do what the professor want, like asked to the library. They go to at this time there but nothing reading very seriously. Any students feel that reading is not important, boring in addition to can't see colorful images on there. Yeah, it is to get complicated. Book is very important for you. As we know that on this period, many ways to get whatever we really wish for. Likewise word says, ways to reach Chinese's country. Therefore, this Essentials of Chinese Acupuncture can make you truly feel more interested to read.

Download and Read Online Essentials of Chinese Acupuncture Beijing College of Traditional Chinese Medicine #ZLQKM1WX8AR

Read Essentials of Chinese Acupuncture by Beijing College of Traditional Chinese Medicine for online ebook

Essentials of Chinese Acupuncture by Beijing College of Traditional Chinese Medicine Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Essentials of Chinese Acupuncture by Beijing College of Traditional Chinese Medicine books to read online.

Online Essentials of Chinese Acupuncture by Beijing College of Traditional Chinese Medicine ebook PDF download

Essentials of Chinese Acupuncture by Beijing College of Traditional Chinese Medicine Doc

Essentials of Chinese Acupuncture by Beijing College of Traditional Chinese Medicine Mobipocket

Essentials of Chinese Acupuncture by Beijing College of Traditional Chinese Medicine EPub