



Manual of Nutritional Therapeutics (Lippincott Manual Series (Formerly known as the Spiral Manual Series))

David H. Alpers, William F. Stenson, Dennis M. Bier MD

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This manual is a one-stop resource that contains a compilation of facts designed to assist the healthcare professional in delivering nutritional therapy to patients in both ambulatory and hospital settings. Organized in outline format with generous use of tables, the chapters follow these areas: general principles and nutritional recommendations for adults; individual components of nutritional therapy and delivery techniques; and specific metabolic disorders. A new chapter on alternative nutritional therapy reviews the information on approved nutritional supplements. Appendices include commonly used formulas, the newly revised Recommended Dietary Intakes, diet lists for office use, and an explanation of food labels. *Paperback edition available only in selected countries. Please check with your local representative or distributor.*

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