



# Life Lessons My Mother Taught Me: Universal Values from Extraordinary Times

*Andrea Young*

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**Life Lessons My Mother Taught Me: Universal Values from Extraordinary Times** Andrea Young  
The daughter of former Atlanta mayor Andrew Young draws universal lessons from her mother's extraordinary life.

When Andrew Young first ran for Congress, he was known in Atlanta as "Jean Young's husband." Jean, beloved wife, former First Lady of Atlanta, civic leader, educator, friend and colleague of Maya Angelou, Coretta Scott King, Marian Wright Edelman, and Jimmy and Roslyn Carter, was the proud mother of four who instilled in her children the importance of love, integrity, and faith. Written by her daughter, Andrea, *Life Lessons My Mother Taught Me* celebrates a good mother, a life well-lived and worth emulating, and values that can help us all become more ethical people, more loving parents, and better citizens.

Weaving personal stories against a backdrop rich in the turbulent politics of our recent past, Young paints an evocative picture of life in a Southern middle-class black family during the social change that came in the wake of the Great Depression and legalized segregation. Here is a book to be widely shared by mothers and daughters.

"My mother was a woman of strong character, of deep and abiding commitments and a loving nature that drew people into her orbit. She was my friend, my mentor, my guide, my critic, and my amen corner. In her home, I found refuge and comfort. In her voice, I found wisdom." --from the Introduction

Illustrated with 15 black-and-white photographs

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#### **Russell Thomas:**

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