



Reverse Arthritis & Pain Naturally: A Proven Approach to a Pain-free Life

Gary Null Ph.D., M.D., Daniel I. Nuchovich

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Don't believe everything your doctor is telling you about arthritis! According to most conventional physicians, there is no way to prevent or reverse arthritis, and other lifestyle diseases such as cancer, heart disease and diabetes. This is simply untrue. In this timely and essential offering, New York Times bestselling author Dr. Gary Null presents the astonishing results of a study on his anti-arthritis protocol where 80% of participants demonstrated a reduction of pain symptoms in only four weeks! Reverse Arthritis & Pain Naturally: A Proven Approach to a Pain-free Life is a complete guide for understanding, preventing and reversing the states of chronic inflammation that leads to arthritis and numerous other diseases. The book contains a thorough discussion on the causes of poor health, the reasons for our nation's high rates of disease, the socio-political factors working against good health, the importance of a total lifestyle approach, as well as Dr. Null's full arthritis protocol and results (including testimonials) of his scientific study. Plus: Why America's medical practices result in creating patients for life; foods that reduce inflammation and those that cause it; nutritional supplements for reducing inflammation and improving health; and, must do complementary therapies and practices for a pain-free existence. "Anyone suffering with pain or arthritis, anyone who wants to avoid all the diseases of inflammation plaguing us in America today should read and use the information in this book. Regular medicine does not have the answers for pain and arthritis – Gary Null does. This book contains the solutions that you have been seeking, and provides the possibility of freedom from pain. Read it, and then tell your family and friends. There is hope!" – James Dillard, MD, DC, LAc, Integrative Pain Management Specialist "As a conventionally-trained registered nurse for 36 years, what I witnessed after four weeks of people integrating this protocol into their lives was nothing short of miraculous. This program works! Not only should the results of Gary Null's program be headline news, but his expertise should be revered by anyone in the healthcare industry who is sincerely interested in helping their patients reverse arthritis, once and for all." – Luanne Pennesi, RN, MS, Creator of Metropolitan Wellness Group

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