



# Original Jin Shin

*Mieke Berger*

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## **Original Jin Shin** Mieke Berger

In Original Jin Shin, Mieke Berger describes how the all encompassing energy brings our bodies into existence. If this energy moves freely through our body, we find ourselves in good health; if this free flow of energy is inhibited physical ailments appear. Mieke Berger shows how to restore the free flow of energy yourself with Jin Shin. Mieke Berger is a practitioner with over 40 years experience in nature cure and spiritual healing. She gained in-depth knowledge and experience in all parts of the world, including India, Ceylon, China, Japan, Philippines and the U.S.A. Having explored most healing methods Mieke has become aware that they all have some value. Jin Shin however is a method, or rather art, that gives measurable and consistent results. It teaches you how to reconnect to this unlimited source of energy to regain your physical, mental, emotional and spiritual health. Jin also awakens the search for truth, which brings about acceptance, equanimity and peace of mind. "Release, reconnect and revive. When I reflect on her work and the benefits of the treatment I am always touched by our shared spirituality accessed through her professional techniques. I recommend her rare presence to the open minded who can benefit from transcending this earth bound world. We are united in life and work". DR. SUSAN.M. HORSEWOOD-LEE .MB.BS. MRC GP LONDON

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