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HIGHEST VALUE WITH OVER 60 RECIPES!!!!  
(Gluten Free and Weight Loss Recipes)**

*Karen Green*

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# **Gluten Free Box Set: Gluten Free To Go & The Ultimate Gluten Free Slow Cooker Cookbook: HIGHEST VALUE WITH OVER 60 RECIPES!!!! (Gluten Free and Weight Loss Recipes)**

*Karen Green*

**Gluten Free Box Set: Gluten Free To Go & The Ultimate Gluten Free Slow Cooker Cookbook: HIGHEST VALUE WITH OVER 60 RECIPES!!!! (Gluten Free and Weight Loss Recipes) Karen Green**

**AWESOME FREE GIFT INSIDE: A COOKBOOK WITH OVER 30 HEALTHY AND DELICIOUS RECIPES FOR WEIGHT LOSS!!!**

This box set includes:

## **Gluten Free To Go: Healthy And Delicious Under 30 Minute Gluten Free Recipes For Losing Weight Fast**

**Are you busy with NOT much time to cook and want to make delicious gluten free recipes that will not harm you and that will make you lose weight fast?**

Having a good and healthy gluten free diet is critical for preventing gut inflammation and I have done my very best to create the most delicious recipes, that are not only delicious but that will help us to lose weight naturally.

This is the go to cookbook for people on the go.

So stop spending much time in the kitchen and struggling to find recipes that are good for you. Just try a couple of these recipes and I am sure you won't be disappointed!

Here are just a few of the delicious gluten free meals for you:

- **Breakfast recipes** Raspberry and cranberry smoothie, Spanish omelet, Paprika and potato tortilla.
- **Lunch recipes** Broccoli cakes and salmon with avocado, watercress and tomato salad, Spiced quinoa with feta and almonds, Potato salad and mackerel with lemon caraway dressing.
- **Dinner recipes** Salmon with corn salad, new potato and basil dressing, Hot BBQ beef, pasta salad and horseradish, Gluten free creamy chicken bake.

## **Gluten Free: The Ultimate Gluten Free Slow Cooker Cookbook:**

# Healthy, Easy And Delicious Recipes For Every Occasion

**Discover the best gluten free slow cooker cookbook with recipes that are not only quick and easy to make, but they are healthy, delicious and your whole family will love!**

When you're longing a little comfort in your busy life while trying to eat well, there's nothing better than a home-cooked gluten free slow cooking dish. Foods in the slow cooker stay nutritious and maintain the tenderness and juiciness that's hard to replicate.

In this book, you will find recipes that are healthy, tasty and perfect for the whole family. It just gets no better than these delicious set it and forget it meals. I am sure that these easy to make recipes will satisfy your family cravings for a delicious gluten free meals!

Here are just a few of the delicious gluten free slow-cooked meals for you:

- **Breakfast** Egg, Ham, Spinach Casserole, Healthy Apple Crisp, Scrambled Tofu Breakfast Burrito.
- **Main Dishes** Spicy Sesame Honey Chicken, Beef Stroganoff, Pot Roast With Shallot And Baby Carrots.
- **Soup, Stews and Stock** Beef and Vegetable Soup, Creamy Tomato Soup, Homemade Chicken Stock **Plus a BONUS chapter:** Slow Cooked Fruit recipes!!!

Each recipe has a calorie count and you will also get an understanding of what to eat and what not to eat in a gluten free diet.

**So what are you waiting for? Get the ultimate gluten free box set for losing weight and start cooking!**

**Click the BUY button to download your copy of “Gluten Free Box Set: Gluten Free To Go & Gluten Free and Weight Loss Recipes” NOW! Your family will be glad you did!**

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**From reader reviews:**

**Paul Otoole:**

Have you spare time for the day? What do you do when you have more or little spare time? Yes, you can choose the suitable activity with regard to spend your time. Any person spent their spare time to take a go walking, shopping, or went to the particular Mall. How about open or maybe read a book entitled Gluten Free Box Set: Gluten Free To Go & The Ultimate Gluten Free Slow Cooker Cookbook: HIGHEST VALUE WITH OVER 60 RECIPES!!!! (Gluten Free and Weight Loss Recipes)? Maybe it is to get best activity for you. You know beside you can spend your time together with your favorite's book, you can cleverer than before. Do you agree with its opinion or you have other opinion?

**Homer Simon:**

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