



Cosmeceuticals and Cosmetic Practice

Patricia K. Farris

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Provide expert advice on cosmeceuticals and integrate them into your cosmetic practice

Patients look to you for expert advice on topical skin care product, and cosmeceuticals are an important innovation. They want to know which products will work best for them. But new products seem to appear almost daily. How can you provide your patients with effective advice on how and when to use cosmeceuticals?

In *Cosmeceuticals and Cosmetic Practice*, Dr Farris has invited leading experts, including cosmetic chemists, researchers and cosmetic dermatologists, to provide these answers. Together they have analysed and synthesized the evidence and combined it with their experience to provide you with best-practice advice on the most effective way to apply cosmeceuticals in your everyday practice.

This book explains:

- How cosmeceutical products are developed, tested and how they work
- The most up-to-date key ingredients such as:
 - Vitamin antioxidants
 - Botanicals
 - Peptides
 - Growth factors
 - Stem cells
- How to use cosmeceuticals in practice

Cosmeceuticals and Cosmetic Practice shows you how to improve the health and appearance of your patients' skin.

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