



# Life After Birth: A Memoir of Survival and Success as a Teenage Mother

*Summer Owens*

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## **Life After Birth: A Memoir of Survival and Success as a Teenage Mother** Summer Owens

Going to school, hanging out with her friends, and being a normal teenager was all Summer knew until her fifteenth birthday changed her life forever. Nine months later, she was a mother and didn't even know the father of her baby. Overcoming embarrassment and depression, she made the decision to go on with her life and pursue the dreams she had before taking on the responsibilities of motherhood. In *Life After Birth*, Owens depicts the real-life struggles she faced as a teenage mother in hopes that her transparency will encourage and inspire other teenage and single mothers. By sharing how she managed to give her son the best childhood possible while at the same time finishing high school, combating emotional issues, graduating from college with honors, building a career and buying a house all as a young, single mother, she demonstrates that life doesn't have to end when a child is born to a teenager.

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