



EMDR Up Close: Subtleties of Trauma Processing

Dr. Philip Manfield

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EMDR Up Close. provides a rare opportunity to get inside the mind of a talented and experienced EMDR therapist as he works with both straightforward and complex therapeutic challenges. Dr. Manfield provides verbatim transcripts with commentary at each choice point that explains why he chooses to use one intervention over another, what cues he is attending to, and what language he employs for his interventions. This book would be valuable for both beginning and seasoned EMDR therapists. It will assist newly trained therapists in developing their capacity to understand how to handle the challenges that inevitably arise during EMDR sessions. It would also be valuable for advanced practitioners because it would expose them to Dr. Manfield's elaborations and refinements of Francine Shapiro's brilliant protocol. Your book is the best I have ever read about EMDR! Melinda Stengel LCSW EMDRIA Approved Consultant, Evanston IL This book is a companion to www.emdrclinicalvideos.com, a website containing 25 full length clinical EMDR videos including those from which the transcripts in this volume were made.

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