



The Red Sea Solution: THE 7 KEYS TO MOVE FROM BEING COMFORTABLE IN YOUR LIFE TO BEING REALLY HAPPY

Ilene Saidel

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The Red Sea Solution Will Propel You into Peace and Happiness in Your Life

A mini-book that won't take hours to read along with steps to happiness that are easily applied yielding results that won't take weeks for you to see the changes. It's already been proven – stress and unforgiveness have detrimental effects on our bodies and in our lives. Oh the things in life that steal or rob our happiness and joy. But, oh, how we can go from comfortable in our own minds to really being happy. Ilene Saidel recommends seven keys to being happy that won't cost you. She knows because for years she was miserable until she learned!

If not applied, the price to pay for being unhappy – can be heavy. Toxic thinking can have negative effects on our lives and our level of happiness. Even one simple change made – easy to do – will bring you on a new adventure in life where days are happy instead of sad.

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