



# Health Promotion Throughout the Life Span -Elsevier E-Book on VitalSource (Retail Access Card), 8e

Carole Lium Edelman APRN MS CS BC CMC, Elizabeth C. Kudzma DNSc MPH RNC, Carol Lynn Mandle PhD AP RN CNS FNP

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- *UNIQUE!* The assessment framework for this textbook is based on Gordon's Functional Health Patterns and offers a consistent presentation of content and a health promotion approach.
- Extensive coverage of growth and development throughout the life span emphasizes the unique problems and health promotion needs of each stage of development.
- UNIQUE! Think About It boxes present a realistic clinical scenario and critical thinking questions.
- UNIQUE! Multicultural Awareness boxes present cultural perspectives important to care planning.
- Research Highlights boxes discuss current research efforts and research opportunities in health promotion.
- *UNIQUE!* Hot Topics boxes explore significant issues, trends, and controversies in health promotion to spark critical discussion and debate.
- *UNIQUE!* Innovative Practice boxes offer examples of unique and creative health promotion programs and projects.
- Updated nutrition coverage includes MyPyramid from the FDA, as well as the latest information on food safety and fad diets.
- Expanded health policy coverage focuses on global health, historical perspectives, financing healthcare, concierge medical practices, and the hospitalist movement.
- Health Promotion for the Twenty-First Century explores current and future health promotion challenges and research initiatives.
- Updated Healthy People 2010 data includes midcourse review objectives and an introduction to Healthy People 2020.
- Case Studies and Care Plans summarize key concepts and show how they apply to real-life practice.



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