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**By Aglaee Jacob - Digestive Health with REAL Food (1st Edition) (5.2.2013)** Aglaee Jacob  
Agla e Jacob, M.S., R.D., has had a lifelong interest in the connection between food and health, and her personal health struggles led her to deepen her knowledge in the field of digestive health. She offers personalized, holistic nutrition counseling to clients around the world, specializing in digestive health, blood sugar regulation and fertility. She obtained her Bachelor's and Master's degrees in Nutrition from Laval University in Qu bec City, Canada.

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