

# Mug Meals: More Than 100 No-Fuss Ways to Make a Delicious Microwave Meal in Minutes

Leslie Bilderback

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Dinner on the go, cooking for one, or just want to mix up a quick snack? *Mug Meals* will show you how! Chef Leslie Bilderback, the brilliant author of *Mug Cakes*, is back with easy and fresh ideas for every meal of the day. If you've got five minutes to spare, you can mix up a delicious, single-serving homemade meal with just a mug and a microwave.

Here are over 100 mouthwatering, lightning-fast, easy microwave recipes for breakfast, lunch, dinner, and dessert. Whip up a mugful of Huevos Rancheros to start off your day, then lunch on a steaming cup of French Onion Soup or Pork Chops and Apple Sauce. Serve dinner to your whole family in mugs stuffed with Poached Salmon with Dill, Pasta Puttanesca, or Candied Sweet Potatoes--and finish things off right with a decadent Pumpkin Cheesecake. The options are endless, and you can't beat the clean-up!

*Mug Meals* makes a wonderful gift, college cookbook, or addition to your collection of mug cake recipes. The ease and convenience of these single-serving recipes are perfect for busy families, singles, teens, college students, and seniors who want to whip up easy food using fresh ingredients or even leftovers.

Mugs aren't just for cakes and coffee anymore; now you can make every meal in a mug--in minutes!



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