

Stay Alive!: Survival Skills You Need

John D. McCann

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Having a survival kit is not enough - You must know what to do with it! An emergency can arise at anytime, and everyone from the average commuter to the risk-taking sportsman can benefit from knowing basic survival skills. Armed with the techniques in Survival Skills You Need, you will be prepared to survive. Building on the essentials presented in his first book, Build the Perfect Survival Kit, author John D. McCann details the survivor mentality required to survive common emergencies, then goes on to explain the component skill categories that you must execute to stay alive, including: * Survival kits * Knives & tools * Fire * Shelter * Water * Signaling for help * Navigating your way to safety * Food * First aid With more than 300 full-color photos, Survival Skills You Need provides clear, detailed solutions for surviving emergencies during adventure, sport and travel.



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